

**Camilla Cobb**

Swedish Massage (deep tissue remedial)  
Aromatherapy Massage  
Indian Head Massage  
Reflexology

Camilla has worked at the Maple Tree Clinic since it opened and has been working as a Holistic Therapist from 2002.

In 1999 Camilla graduated with a BA (Hons) in Art, Psychology and Human Biology and worked for some time as part of a community mental health team. In 2000 travelled in Southern India and the Himalayas and discovered Reiki a natural method of healing. The Reiki practice (self help initially), meditation and a growing interest in healing herbs and plants led me then to study at Northampton and North Oxford Colleges and graduate in 2002 with an IIHHT Dip. in Holistic Therapies, a VTCT Dip. in Nutrition, Counselling by a Therapist Certificate and a USUI Reiki Certificate.

“Most of my work involves helping people to manage stress both physically mentally and emotionally. I have over the course of my career developed an ability to tune in to people’s individual needs, so all my holistic treatments are tailor made and with consultation often involve a cross section of my professional disciplines.”