

Fiona Barrett
Specialist Respiratory Physiotherapist
Hatha Yoga Classes



Meet Fiona, Specialist Respiratory Physiotherapist who is ready to help you breathe easier. With her extensive experience in the field, Fiona brings a wealth of knowledge and expertise to her practice.

Having worked in critical care, acute respiratory wards, pulmonary rehabilitation, and outpatient respiratory clinics within the NHS, she is well-equipped to address your respiratory concerns. Additionally, Fiona is not only a skilled physiotherapist but also a certified Yoga teacher, offering a unique fusion of therapies. With her breath workshops and yoga sessions, she has successfully improved students breathing efficiency from the first session. Recently joining the Maple Tree Clinic team in 2023, Fiona is excited to combine all of her experience, knowledge, and passion to provide individualized physiotherapy and yoga services to private patients. Take a step towards better respiratory health and book an appointment with Fiona today.

Whether you're seeking an individual appointment on Tuesdays and Fridays, or interested in joining her group Physioga sessions on Tuesdays and Sundays, Fiona has you covered.