

**Sue Helyar** KFRP, Dip.ClassK  
Naturopathic Kinesiology

Sue is a highly experienced and qualified professional in the field of Naturopathic Kinesiology. As a Kinesiology Federation Registered Professional (KFRP) since 2010, and holder of the Classical Kinesiology Diploma (Dip.ClassK) since 2006, she has helped many individuals to improve their health and well-being.

Recognising the affect a person's lifestyle has on their health and wellbeing, Sue pursued additional certifications in life coaching. She became a certified Confidence Coach in 2017 with Dawn Breslin's Coaching Academy, a certified Professional Life Coach in 2020, a Life Purpose Life Coach in 2021 and a Happiness Life Coach in 2023 with the Transformation Academy. This unique combination of expertise allows Sue to guide individuals towards healthy, authentic lifestyle changes that can support their overall health and well-being.

Sue's commitment to ongoing professional development is evident through her regular completion of Continuing Professional Development (CPD) work, ensuring that she stays up to date with the latest advancements in her field. Sue has been an integral part of The Maple Tree Clinic since its inception in September 2010, bringing her wealth of knowledge and experience to the benefit of her clients.



Kinesiology Federation

<https://kinesiologyfederation.co.uk>