

**Wayne Wymer** BSc (PT) MCSP HCPC registered  
Chartered Physiotherapist

CSP No: 064473

HCPC Reg No: PH 55713

Wayne completed his physiotherapy training in Auckland, New Zealand in 1996. On completing his training he joined a Private Practice in Auckland whilst at the same time providing physiotherapy services to local rugby clubs and the Auckland Rugby Union.

Wayne travelled to the United Kingdom in 1999 and initially spent 2 years working in NHS positions throughout the UK. In 2001, whilst working at the Blackberry Clinic in Milton Keynes and Devon Parade Clinic in Northampton, Wayne met Christophe. Since 2012 Wayne has based his Northampton physiotherapy practice from the Maple Tree Clinic

Through years of working with different sports and athletes (as well as having a keen interest in all sports), Wayne has an in depth understanding of the demands that different sports put on the body. This enable him to help all patients develop a sports specific rehabilitation plan

However it is not just Sports injuries that Wayne treats. Physiotherapy can help address many physical problems that can go wrong with the body and Wayne enjoys treating these as just as much. This can include vestibular problems (vertigo and dizziness), a sprained ankle, post surgical rehabilitation (for example hip and knee replacements), headaches or a bad back to name a few. Wayne uses a hands on approach to treat all muscle/joint/bone problems and aligns this with advice about best managing the injury/problem and prescribing exercises to aid recovery.